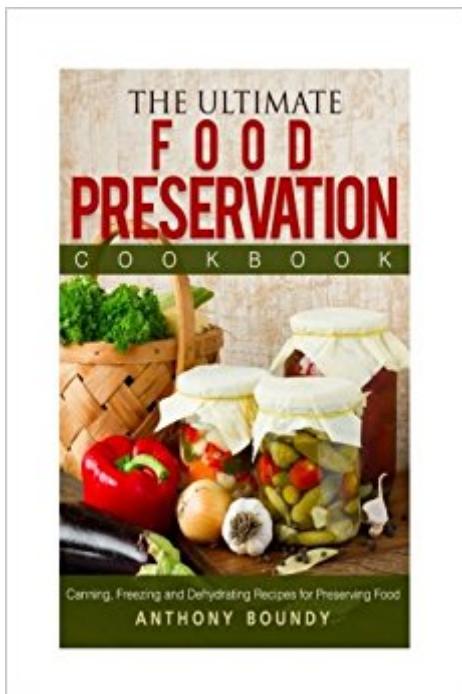


The book was found

# The Ultimate Food Preservation Cookbook: Canning, Freezing And Dehydrating Recipes For Preserving Food



## Synopsis

Food preservation provides a wide array of benefits for both you and your family. Buying in bulk is often cheaper, but when you have no way of properly storing the bulk items for the long haul, you end up wasting money when the food spoils and you have to throw it out. Preserving the bulk foods properly lets you enjoy both the food and the money saved. Another benefit of preserving food is that you can keep fruit and vegetables stored year round even if they are not in season, which also saves you money. Furthermore, preserving your own food is just the excuse you need to finally start that vegetable garden you have been putting off. Despite all the benefits preserving your own food has, some people steer clear of the process because they assume that it's just too hard and time consuming. This just isn't the case! In fact, once you get the hang of it, you can quickly preserve food in as little as a 10 minutes! But where does one go when they want to learn the ins and outs of food preservation? With this book of course! Inside this food preservation cookbook, you will find 25 of the best recipes that can help get you started on your journey through the wonderful world of preserving food. Each has been tested for accuracy, includes serving size and time it will take to prepare and preserve the food, and is written in a simple step-by-step manner that is easy to follow. The recipes include preserving meats, vegetables, fruits, jams, jellies, and sauces. The preserving method (canning, freezing or dehydrating) used for each recipe has proven to be the best option for that particular recipe. No matter what your previous experience with preserving food, this cookbook will guide you through the process or, for the more experienced food preserver, give you some wonderful recipes to add to your collection. So what are you waiting for? Start reading "The Ultimate Food Preservation Cookbook: Canning, Freezing and Dehydrating Recipes for Preserving Food" today!

## Book Information

Paperback: 68 pages

Publisher: CreateSpace Independent Publishing Platform (June 15, 2017)

Language: English

ISBN-10: 1548127035

ISBN-13: 978-1548127039

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 3.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #275,307 in Books (See Top 100 in Books) #44 in Books > Cookbooks,

## Customer Reviews

I am totally satisfied with this book. The recipes are very easy to make and incredibly elegant. Most of the pictures of each recipe help you a lot to get a good idea of how your finished recipes will look.

[Download to continue reading...](#)

The Ultimate Food Preservation Cookbook: Canning, Freezing and Dehydrating Recipes for Preserving Food Canning Recipes: 150 Home Canning Recipes For Canning and Preserving (Home Canning Recipes, Preppers Food) Canning and Preserving Soups, Stews, and Chili: A Step-by-Step Guide to Canning Delicious Food (Canning and Preserving for Novices Book 1) Food Preservation & Storage at Home - A Step by Step Guide to Canning, Pickling, Dehydrating, Freezing & Safely Storing Food for Later Use Food Storage: Preserving Vegetables, Grains, and Beans: Canning - Dehydrating - Freezing - Brining - Salting - Sugaring - Smoking - Pickling - Fermenting Canning and Preserving Guide for Beginners: Canning and Preserving Cookbook for Fresh Food Year Round Canning and Preserving for Beginners: The Essential Canning Recipes and Canning Supplies Guide Preserving Food without Freezing or Canning: Traditional Techniques Using Salt, Oil, Sugar, Alcohol, Vinegar, Drying, Cold Storage, and Lactic Fermentation CANNING, DEHYDRATING, PICKLING, AND PRESERVING: RECIPES FROM WORLD WAR I Better Homes and Gardens Complete Canning Guide: Freezing, Preserving, Drying (Better Homes and Gardens Cooking) The Complete Guide to Preserving Meat, Fish, and Game: Step-by-Step Instructions to Freezing, Canning, Curing, and Smoking (Back to Basics Cooking) The Complete Guide to Preserving Meat, Fish, and Game: Step-by-step Instructions to Freezing, Canning, Curing, and Smoking (Back-To-Basics Cooking) (Back to Basics Cooking) Canning and Preserving: A Simple Food in a Jar Home Preserving Guide for All Seasons: Bonus: Food Storage Tips for Meat, Dairy and Eggs SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) Kristen Suzanne's EASY Raw Vegan Dehydrating: Delicious & Easy Raw Food Recipes for Dehydrating Fruits, Vegetables, Nuts, Seeds, Pancakes, Crackers, Breads, Granola, Bars & Wraps Canning and Preserving for Beginners: The Canning Playbook Prepper's Survival Pantry: The Ultimate SHTF Preparedness Guide To Canning, Dehydrating And Emergency Water And Food Storage (Prepper Hacks, DIY Hacks, ... Survival Needs, Hack It, Prepare Your,) Mug Recipes Cookbook : 50 Most

Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) A Guide to Canning, Freezing, Curing & Smoking Meat, Fish & Game Canning for Beginners: Delicious Recipes for Canning Vegetables, Fruits, Meats, and Fish at Home

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)